

# **The 2012 Budapest Declaration of the IFKF**

## **A holistic approach to address the bio-psycho-socio-spiritual needs of individuals living with chronic kidney disease**

Chronic Kidney Disease poses a growing concern for society in both developed and developing countries. It is the responsibility of the medical and health care communities, governments and civil bodies to act collaboratively to address the challenges for patients living with chronic kidney disease in a holistic manner, to achieve the best health outcomes, including rehabilitation and quality of life.

We recommend that national governments in collaboration with international and non-governmental organizations develop and implement, as a priority, comprehensive programs for the screening, prevention, treatment and rehabilitation of individuals living with chronic kidney disease.

We recommend that these organizations increase the level of their funding for the advancement of clinical and basic scientific research related to kidney disease of all types with the ultimate goal of ensuring a continual provision and application of the most advanced knowledge and technical advances for the benefit of kidney patients. The translation of scientific research findings into clinical practice should be facilitated and supported.

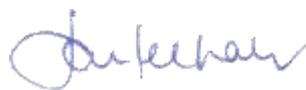
We recommend that medical communities employ a holistic approach for the treatment of patients living with chronic kidney disease, recognizing all their bio-psycho-socio-spiritual and somatic needs. It is important to combine the cutting-edge modern technology of the 21<sup>st</sup> century with the methods of healing focusing on the whole person and individual care to ensure better efficacy in the prevention, treatment and rehabilitation.

Educational activities of scientists, healthcare professionals, kidney patients and the public-at-large regarding prevention, detection and treatment of kidney disease in all its aspects should be recognized and supported. These goals should become a priority and focus for governments and non-governmental organizations. Education, as an essential step in the self-care by patients, has received less attention and deserves more focus and support.

We believe that implementing these recommendations and actions will have a substantial effect on the outcomes and quality of life for our patients and will contribute to the sustainable development of medicine and mankind as a whole.

Budapest 2012/08/25

Signed and endorsed by:



**Laszlo Rosivall**  
President of the 13<sup>th</sup> IFKF  
Annual Meeting

**John Feehally**  
President of ISN

**Timur Erk**  
President of IFKF

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With the hope that the renewed view on approaching and taking care of patients will meet with agreements from all of you, and ensure a better and even more effective health service and quality of life. We are looking forward to hearing from you soon.

Best regards,



Prof. Dr. Laszlo Rosivall,  
Congress President  
Founding President of Hungarian Kidney Foundation